

Upper Peninsula Health Plan Addendum to Diabetes Clinical Practice Guideline

Addendum language:

Depression Screening: Annually assess for emotional / physical signs and symptoms linked to depression; treat diagnosis of depression with counseling, medication and/or referral to behavioral health specialist.

References:

1. UPHP adopted guideline: *Management of Adults with Major Depression - January 2006, Michigan Quality Improvement Consortium (MQIC).*
2. Article October 2003: *Can Diabetes Cause Depression.* Michigan Diabetes Outreach Network
3. Abstract August 2003: *Relationship of depression to diabetes types 1 and 2: epidemiology, biology, and treatment.* Musselman DL, Betan E, Larsen H, Phillips LS. Department of Psychiatry and Behavioral Sciences, Emory School of Medicine, Atlanta, Georgia 30322
4. Article June 2002: *Mental Health – Depression in people with diabetes is associated with increased health care use and higher expenditure.* Agency for Healthcare Research and Quality (AHRQ)
5. Article June 2002: *Depression and Diabetes.* National Institute of Mental Health (NIMH)
6. Article May 2002: *Screening for Depression. U.S. Preventative Services Task Force (USPSTF)*