

Advance Directives

Advance directives are your spoken or written wishes about your future medical care, in case you are too sick to speak or write. There are two common types of advance directives: a living will and a medical power of attorney.

- A *living will* states your wishes about your health care if you are not able to speak or write at the end of your life.
- A *medical power of attorney* lets you pick someone you trust to make choices about your health care if you cannot make those choices.

Doctors who treat UPHP members should offer help with advance directives. If you do not have an advance directive, but would like one, call your primary care provider's office for help.

If you have any complaints about advance directives, call UPHP Customer Service at 1-800-835-2556.

If you have complaints about how your doctor follows your wishes, write or call:

Bureau of Health Professions
Complaint and Allegation Division
P.O. Box 30670
Lansing, MI 48909-8170
517-241-2389
bphinfo@michigan.gov

You can also complain at www.michigan.gov/healthlicense. Click on "File a complaint."

If you have complaints about how UPHP follows your wishes, call the Office of Financial and Insurance Services at 877-999-6442 or visit www.michigan.gov/ofis.

Source: 2004 Medicaid and MICHild Member Handbooks