



Child's Name _____ Birth Date _____

Appointment With _____ Date of Visit _____

Milestones Children 5-6 Years of Age

My child

- knows her or his printed name.
- can take turns.
- helps with chores.
- follows rules at home and at school most of the time.
- does what I ask her or him to do most of the time.
- can say something positive about herself or himself.
- knows most letters and is able to print some of them.

Growth/Weight Concerns _____

Questions for Provider _____

Health Tips

Children need good communication with you. Listen when they talk to you. Look at them. Answer their questions.

Children need active play. Limit computer and TV time. Make sure that your children get outside to play.

Children need praise every day.

Children need to be safe when they are near the street. Children will need an adult to help them cross the street and to ride their bikes on the street until they are 9 years of age.

Children need to be taught that they should never touch a gun. Guns in your home should be locked up.

Children 4-6 years of age need two vaccinations. They need their last dose for chicken pox and their last dose of MMR (measles, mumps, and rubella).