

Smoke Free for Baby and Me

Prenatal Smoking-Cessation On-Line Educational Module

The Institute for Health Care Studies—in collaboration with the Michigan Department of Community Health’s (MDCH’s) Division of Family and Community Health and the Michigan Public Health Institute—developed a Web-based, prenatal smoking-cessation education module titled “Smoke Free for Baby and Me.”

The goal of this course is to provide individuals caring for pregnant women with counseling strategies and interventions for smoking cessation. The course is specifically targeted toward staff in agencies contracted with the MDCH to provide services to pregnant women and their infants.

Registered nurses who successfully complete the course and the evaluation will receive 1.4 contact hours. The Michigan State University College of Nursing is an approved provider of continuing nursing education by the Michigan Nurses Association, an approver accredited by the American Nurses Credentialing Center’s Commission on Accreditation.

To access this course, go to <http://learning.mihealth.org>.

- ▶ Log in with your password.
- ▶ If you are not registered in the system, click the *First Time User?* button.
- ▶ Complete the registration information. Be sure to remember your log-in identifier and password. Save the information.
- ▶ Return to the log-in page. Enter your log-in identifier and your password. Click *Go*.
- ▶ Go to the top-right *My Learning Path* button. Click it.
- ▶ You are now at all of the courses available to you. Notice the 1, 2, and 3 under the course titles. Click on 2 to find “Smoke Free for Baby and Me.”
- ▶ Click the course title to begin the course.