

Upper Peninsula Health Plan

Disease Management Program for Diabetes Outline

Program Overview

Program Goals:

- Prevention of exacerbation and complications
- Enhancement of member empowerment strategies for self-management
- Improvement of overall health and quality of life

How members are identified for enrollment into the Diabetes Disease Management program

- Claims data for a diagnosis of diabetes
- Claims data for diabetic medications
- Physician request
- Member request

How members are identified or further stratified for a potential Extended Office Visit

- Members without evidence of an A1c level in the past 12 months
- Members with an A1c level ≥ 7.0
- Members with comorbidities that place them at higher risk
- Members must be 18 years of age or older

Note: *Provider makes final determination.* Members should have this visit within 60 days of determination.

Diabetes Management Program Resources

For Providers


- Service and drug utilization reports for each member qualifying for an extended visit are provided quarterly.
- Diabetes Extended Visit form - may substitute own flow sheet / chart documentation as applicable.
- Clinical Practice Guidelines are provided as a reference on the uphp.com website, or available upon request.

For Members


- Transportation assistance to medical appointments as needed
- Assistance with coordination of medical and behavioral health appointments
- An educational diabetes brochure "Keeping UP with Diabetes"
- Periodic educational materials
- Care Management as applicable

Educational Resources

- Disease management participants are encouraged to get their diabetic education through:
 - The primary physician who is managing their diabetes
 - Other professionals who may be working with the patient such as Registered Dietitians or Certified Diabetic Educators
- UPHP will provide ongoing supportive education in the management of its diabetic members through:
 - Provider newsletters
 - Member newsletters
 - Targeted mailings
 - Targeted phone contact
 - Internet



Upper Peninsula Health Plan Diabetes Disease Management Extended Visit Requirements



With the objective of identifying patients in our Disease Management Program who might benefit from an extended diabetes focused visit, we have **enclosed** the following information to assist you in your determination:

- *Diabetes Patient Service Tracking Form* - if errors noted please indicate on form
- *Service Utilization Report*
- *Drug Utilization Report*
- *Diabetes Extended Visit Form*

Actions required:

1. Complete and fax the required UPHP ***Diabetes Patient Service Tracking Form*** to UPHP Clinical Services at 906-225-7720
2. If extended visit warranted, schedule an appointment for the patient and complete the ***Diabetes Extended Visit Form*** or applicable substitution. Fax this form to UPHP ***prior to billing (required for payment.)***
3. Use billing code: **99355**; the reimbursement rate for this code is \$150.00
Submit all extended visit assessment claims to:
Upper Peninsula Health Plan
Claims Department
228 W. Washington Street
Marquette, MI 49855