

Update:

New for 2018

ICD – 10 Code Now Available for Physical Activity Counseling!

UPHP encourages the use of appropriate coding to capture all services provided to our members. Use of these codes will also assist in improving performance rates for the Weight Assessment and Counseling for Nutrition and Physical Activity HEDIS® measure (WCC).

Codes for Counseling for Nutrition and Physical Activity

Description	ICD-10-CM
Counseling for nutrition	Z71.3
Exercise Counseling - NEW	Z71.82
Exam for sport participation	Z02.5

Childhood BMI Percentile Codes 2 through 19 years of age

Description	ICD-10-	ICD-10-CM
BMI Pediatric Percentile	Z68.51	<5 th percentile for age
	Z68.52	5 th - <85 th percentile for age
	Z68.53	85 th - <95 th percentile for age
	Z68.54	> Or equal to 95 th percentile for age

Best Practice Process: Utilize EMR technology to automatically code as many services as possible.

If you have any questions please **call Carlee at 906-225-4654.**